

INFORMATION FOLLOWING CROWN AND BRIDGE TREATMENT

For your treatment success, we have provided some helpful hints and information that will help insure your satisfaction.

AVOID-Eating anything until your mouth wakes up, and wait at least 2 hours before chewing on your temporary crown.

- Hot liquids for the first 2 hours after treatment.
- Chewy, sticky foods until the permanent restoration has been placed.
- Popping the floss up and down between the crown and the adjacent tooth while flossing. Instead, pull the floss through the contact.

PROPER HOME CARE – Brush and floss daily to ensure healthy gum tissue for seating the permanent crown.

- The gum tissue in the treated area may be tender and bleed for a couple of days following treatment. Mouth rinses such as Crest, Stella Life, or warm salt rinses (8oz. warm water with 1 tsp salt) may help relieve the discomfort and irritation. If using a Waterpik, turn it down to 1 or 2. Most of our patients are comfortable after treatment, however, if you experience any of the following symptoms before your next appointment, call our office.

- Your bite does not feel normal after the anesthetic has worn off.
- Gum tenderness, bleeding or soreness that lasts longer than 48 hrs.
- Temperature and/or biting sensitivity that persists beyond 2 weeks.
- If your temporary crown comes off, place it back on your tooth until it can be re-cemented. The temporary crown is protecting from sensitivity to cold or hot temperatures and holds the tooth in the position needed for the permanent crown.

If you have any questions or if any other symptoms occur before your next appointment, please call our office.

12 Oaks Integrative Dentistry Office Phone: 512.346.5196

